

SWIM & GYM



AT NORTH NORFOLK'S
NEWEST LEISURE CLUB



For more information visit
triminghamleisureclub.co.uk
or call 01263 576020



TRIMINGHAM
LEISURE CLUB



TREAT YOURSELF TO A LITTLE 'TLC'

Whether you want to tone up, work out or wind down – you'll find what you're looking for at Norfolk's newest leisure club.

We've recently invested £1.4m in our gym and pool facilities. This includes a **new sauna, steam room and spa pool, state-of-the art Technogym® equipment** (as used by the England Football Team) – and improved changing rooms, so you have everything you need to achieve your health and wellbeing goals.

For that all-important post-exercise pit-stop, you can enjoy a bite to eat or a coffee in our on-site bar and restaurant!



£25
JOINING FEE
*Required

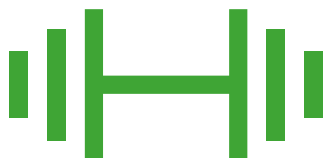


FLEXIBLE MEMBERSHIP

You can join Trimmingham Leisure Club on a pay-as-you-go or monthly membership basis – **see overleaf for full details** of our options and competitive rates. It's simple to join – you'll just need to fill out a couple of forms on your first visit.

FREE ACCESS FOR WOODLAND HOLIDAY PARK GUESTS

If you're staying with us in one of our hire properties, you can enjoy complimentary use of all our pool and gym facilities during your stay. Just fill in a form when you arrive.



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PAY AS YOU GO*

£25

JOINING FEE

*Required

SWIM*

Access pool only – anytime, anyday

| | |
|-----------|---------------|
| ADULT | £4.95 |
| CHILD | £3.50 |
| OVER 60'S | £4.50 |
| FAMILY | £14.00 |

(2 adults 2 children)

GYM*

Access gym only – anytime, anyday

| | |
|----------|--------------|
| OVER 18S | £6.50 |
|----------|--------------|

No Monthly Charge
Max. 2 Adults per membership

Under 16's must have a responsible adult in the pool with them at all times.

SWIM ONLY MEMBERSHIP*



MONTHLY*

Access to pool only – anytime, anyday

| | |
|------------|---------------|
| PER PERSON | £25.00 |
| COUPLE | £40.00 |

ANNUAL*

Access to pool only – anytime, anyday

| | |
|------------|----------------|
| PER PERSON | £250.00 |
| COUPLE | £400.00 |

GYM ONLY MEMBERSHIP*



MONTHLY*

Access to gym only – anytime, anyday

| | |
|------------|---------------|
| PER PERSON | £25.00 |
| COUPLE | £40.00 |

ANNUAL*

Access to gym only – anytime, anyday

| | |
|------------|----------------|
| PER PERSON | £250.00 |
| COUPLE | £400.00 |

GYM AND SWIM MEMBERSHIP*



MONTHLY*

Access gym and pool – anytime, anyday

| | |
|------------|---------------|
| PER PERSON | £45.00 |
| COUPLE | £75.00 |

ANNUAL*

Access gym and pool – anytime, anyday

| | |
|------------|----------------|
| PER PERSON | £450.00 |
| COUPLE | £750.00 |

OPENING TIMES:

SCHOOL HOLIDAYS**

Monday – Sunday
7.30am – 9.00pm
(last admission 8.15pm)

**Norfolk County Council

SCHOOL TERM**

Monday – Saturday
7.30am – 9.00pm
(last admission 8.15pm)
Sundays 7.30am – 7.00pm
(last admission 6.15pm)



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